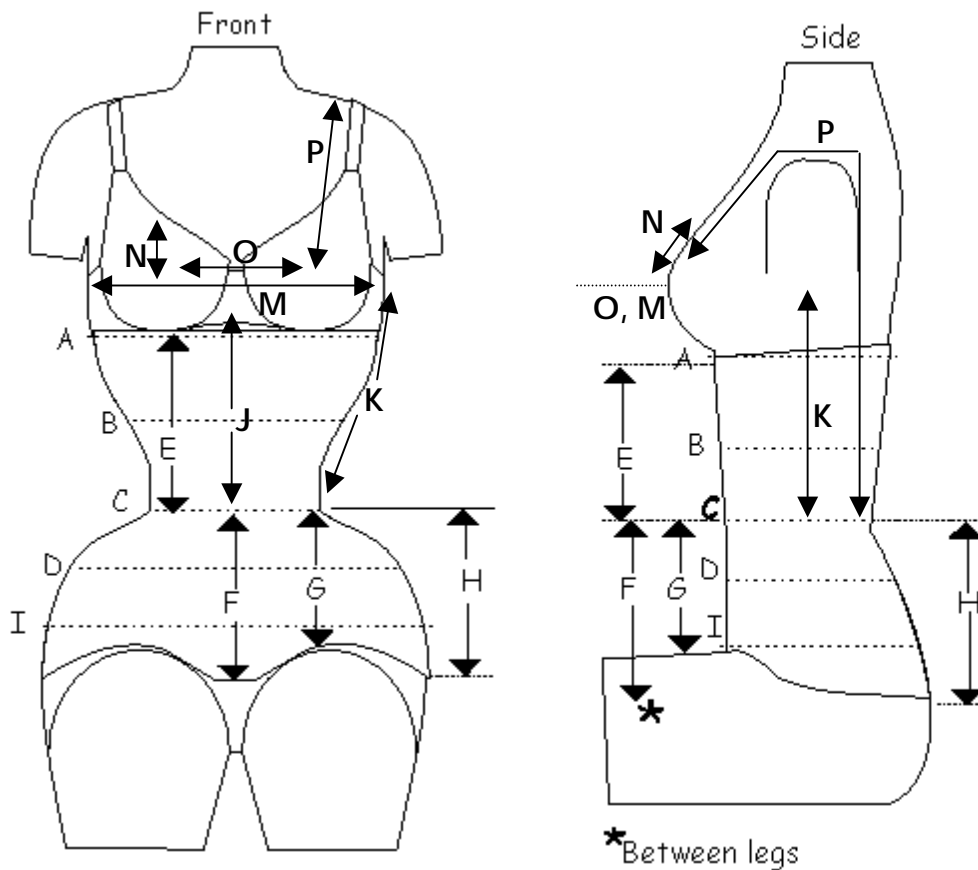


Corset Measurement Guide

- Take honest, accurate measurements in ½" (or 1 cm) increments against the skin or over your everyday undergarments. When taking the round measurements it is very important to make certain the tape measure is very horizontal. It should not rise up or dip down around the body. Do not write down vanity or speculative measurements. If inaccurate measurements are given, the corset will not fit properly.
- Have a partner measure you. If you do not have a partner, then it is advisable to hire a local tailor or experienced seamstress to take the measurements. You can take the measurements yourself, but accurate results are difficult to achieve.
- Please use a marker or pen to mark reference points on the body. This will help keep track of the vertical measurements.
- Ladies, please wear the same style of bra you wear on a daily basis. This will help ensure that the underbust corset will not interfere with your bra.
- It is preferable to measure in the morning or after sleeping. This is due to the fact that gravity compresses our spines and causes us to shrink about ½ to 1" (1,27 - 2,54 cm) through the day. Sleep allows the spine to decompress.



		Underbust corsets
A		Under Bust. Measure around your chest just below your bust. On ladies, this is just below the bottom edge of the under wire of your bra. On Gentlemen, this is just below the pectoral (breast) muscle.
B		Mid ribs. Measure around your ribs just between your underbust and waist measurement.
C		Waist. Measure around your natural waist. The waist is located at the same level as your belly button. After measuring, place a belt snugly about the waist. The bottom edge of the belt is the baseline of all vertical measurements.
D		High Hip. Measure 2" (5,1 cm) down from your waist measurement, and make a mark on your skin on both hips. Then, measure around your hips at this level.
E		Waist to Underbust. Measure up from your waist (bottom edge of the belt) to the underbust. Be sure that you are standing with perfect posture. For underbust corsets this is as high as the corset will come under the bust.
F		Waist to Corset bottom Center front. Have a seat in a straight back chair. Sit with perfect posture and thighs together. Measure down from your waist (bottom edge of the belt) to the crease between your legs. This is how far down the center (busk) of the corset will sit.
G		Waist to Corset bottom lap. While sitting, measure down from your waist to the top of your lap. This is how far up the hips will be placed on the corset. Make two marks on your hips at this level, as we will need this later (measurement I).
H		Waist to Corset bottom sides. While sitting measure down from your waist to how far down you would like the sides and back of the corset to lie. This should not be longer than the front (measurement F), as it will not lie properly under clothing.
I		Side Hip. Next, take measurement H, and measure down your hips from your waist this amount. Mark this point with ink or tape on each side of your hip. Now, stand up with perfect posture. Measure around your hips at this newly marked level.
J		Center Front waist to corset top. For underbusts this measurement should be anywhere from ½" to 2" (1,27 – 5,1 cm) higher than waist to underbust depending on the desired point or rise between bust. For overbusts this will be the height of the corset at the center front, this will depend upon how much of a plunge desired, typically this should be at least equal to waist to nipple.
K		Waist to corset top underarm. For underbusts this is usually ½" to 1" (1,27 – 2,54 cm) higher than waist to underbust measurement. For overbusts this should be as high under the arm as you can comfortably tolerate. Should be approx. same as waist to nipple.
		<p>Corset Waist Measurement. Interior waist measurement of the finished corset. Please follow these guidelines to maximize your comfort:</p> <ul style="list-style-type: none"> • If you do not intend to wear the corset daily, only a 4" (10,2 cm) waist reduction is recommended. • If you plan to tightlace daily, and your natural waist measurement is over 25" (63,5 cm), a 6" (15,2 cm) waist reduction is suggested. • If your natural waist measurement is 25" (63,5 cm) or below, a 4" (10,2 cm) reduction is suggested.

		<p>Overbust corsets</p> <p>For overbust corsets also take the following measurements.</p>
L		Bust. Should be taken over the fullest part of the bust.
M		Waist to center of nipple. Take straight from the string or the bottom of the belt at the waist to the center of your nipples.
N		Nipple to corset top. This measurement depends on the amount of coverage desired.
O		Nipple to nipple. Measure straight across from center of nipple to center of nipple. This measurement gives an idea of the amount of "gap" possible.
		<p>For shoulder straps</p>
P		<p>a. Nipple to mid shoulder front</p> <p>b. Mid shoulder to waist back</p> <p>c. From nipple, over shoulder to waist back</p> <p>Measure from center of nipple to center of shoulder. From center of shoulder straight down to waist back. Then measure from center of nipple up over shoulder to waist back (should equal sum of first two measurements).</p>

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